

CATA Conference 2009 Vancouver, BC May 27 – 30, 2009

WEDNESDAY, May 27

Noon - 10pm Registration
1:00 - 5:00 Concurrent sessions
Certification Candidate Rap Session
Examiner Accreditation Seminar
DJO Golf Tournament

7:00 Welcoming Social

THURSDAY, May 28 (Exhibitor Day)

6:30 - 7:30 Fun Run/Pilates
7:00 - 8:00 Exhibitor's Breakfast
7:00 - 8:00 **Research Posters set-up** (adjacent to exhibit hall)
7:00 - 12:00 Registration

8:00 - 8:30 Welcome/Opening Remarks
8:30 - 1:30 **Workshops**
No Nutrition Break - Constant replenishment
1) RTP decisions post concussion
2) Microstretching in Practice
3) Sport Supplements
4) Long term athlete development
5) Exhibitors

Jason Mihalik
Nikos Apostopoulos
Dr. Jennifer Gibson
Dr. Khatija Westbrook

1:30 - 2:30 LUNCH (In Exhibit Hall)
2:30 - 2:40 Transition time

2:40 - 3:25 **NON-PROFESSIONAL KEYNOTE SPEAKER**
Jody Urquhart
"The Nerve to Serve... Say Hello to Humor & Goodbye to Burnout!"

3:30 - 3:45 Nutrition Break

3:45 - 4:40 "Exertional Heat Stroke"
Dr Doug Casa

4:45 - 5:40 'Influence of local hypothermia and repetitive cold on upper limb performance:
past and emerging themes'
Dr Matthew White

6:30 Social event = wii Olympics (Sponsored by Kinemedics)

FRIDAY, May 29

7:30 - 8:30 Fun Run/Pilates
7:30 - 9:00 Registration

9:00 - 9:55 **Speaker (Cardiology) To be confirmed**
10:00 - 10:55 **KEYNOTE SPEAKER**
Dr Per Renstrom
"Achilles tendon injury – Today's management concepts. "

11:00 - 11:15 Nutrition Break

11:15 - 12:10 Microstretching
Nikos Apostopoulos
"Lower Leg Pain"
Dr. Preston Wiley

1:30 - 3:30 PRE-AGM
3:30 - 4:00 AGM Organizational Break
4:00 - 8:00 AGM

8:00 Social Event

SATURDAY, May 30

7:30 - 8:30 Fun Run/Pilates
8:00 - 9:00 **Researchers at Posters**
7:30 - 9:00 Registration

9:00 - 9:55 "Concussion evaluation and return to play decision-making"
Jason Mihalik
10:00 - 10:55 "Neuropsychological Outcome from Sport-Related Concussion"
Dr. Grant Iverson

11:00 - 11:15 Nutrition Break/**Researchers at Posters**

11:15 - 12:25 **KEYNOTE SPEAKER**
Dr. Per Renstrom
"Football/Soccer injury – prevention helps!?"

12:30 - 1:30 LUNCH

1:30 - 1:55 "Understanding Sport Supplements"
Dr Jennifer Gibson

2:00 - 2:55 **Research Presentations (3 @ 15minutes, 10 min Q&A)**

3:00 - 3:15 Nutrition Break/**Researchers at Posters**

3:15 - 4:10 "Update on the Female Athlete Triad"
Dr. Connie Lebrun

4:15 - 4:45 "Long Term Athlete Development"
Dr. Khatija Westbrook

4:45 - 5:00 Announcements/Closing Remarks

6:00pm Cocktails/Banquet